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| The Pituitary Foundation 2016 Patient Survey Results |
| % | Patients | Symptom |
| 64% | 640 | Career prospects affected by pituitary condition |
| 47% | 470 | Had to give up work |
| 21% | 210 | Felt discriminated at work because of their condition |
| 72% | 720 | Suffer from fatigue |
| 58% | 580 | Mood swings |
| 57% | 570 | Anxiety or depression |
| 57% | 570 | Changes in appearance |
| 48% | 480 | Weight gain |
| 41% | 410 | Difficulty concentrating |
| 43% | 430 | Pain |
| 39% | 390 | Reduced libido |
| 8% | 80 | Impotence |
| 36% | 360 | Reduced fertility or infertility |
| 33% | 330 | Headaches |
| 29% | 290 | Feeling generally unwell |
| 28% | 280 | Difficulty recovering from minor illnesses |
| 24% | 240 | Dizzy spells |
| 24% | 240 | Changes to appetite |
| 21% | 210 | Behavioural changes |
| 20% | 200 | Thinning of skin |
| 44% | 440 | Reduction in social contact |
| 3 – 4 years | Average wait for a diagnosis |